



CAYEN

The California Youth Empowerment Network (CAYEN) is excited to debut our first video! The video explains who CAYEN is and what CAYEN does. CAYEN is a program of Mental Health America of California (MHAC).

A few requests:

1. Please share this email message widely.
2. Please encourage the youth in you engage with to join our Action Network to get involved by visiting <http://ca-yen.org/contact/join-the-cayen-action-network/>.
3. It would greatly appreciate it if you could share CAYEN's Facebook post announcing the video on your personal and organizational Facebook pages. To do so, click on the following link and hit share.
<https://www.facebook.com/CaliforniaYouthEmpowermentNetwork/videos/817966138339719/?pnref=story>
4. Most importantly, ***CAYEN needs your help to keep the transitional age youth advocacy voice involved in mental health policy discussions, planning, decision making, evaluation, and much more. Frankly, we are in the midst of significant budget challenges and we need your assistance now more than ever. Please donate to MHAC today (CAYEN is a program of MHAC). Anything helps. Donate by visiting <http://mhac.org/about/help.aspx>.***

Enjoy the show!



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**Help Make a Difference
Donate to Mental Health America of California today!**

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